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Massage Envy Performs 20 Millionth Massage

Massage Envy, the nation's largest therapeutic massage provider, is pleased to announce that U.S. Army Sergeant Andrew Cottam recently received the company's 20 millionth massage. Formed just eight years ago, Massage Envy has grown to more than 600 clinics throughout 42 states.

Cottam, an Army recruiter in Napa, California made an appointment for his monthly massage at the Massage Envy clinic in Fairfield, California owned by franchisee Christina Delgado. Cottam's regular therapist, who performed the milestone massage, is Amanda Bartolomeu. She is highly experienced with more than 850 hours of massage training. Cottam has been a Massage Envy member since February 2009 and takes advantage of both the Swedish massage and the deep tissue massage offerings for relaxation and fitness. He lifts weights and uses massage as a part of his overall fitness routine. Cottam, like many others, benefits from Massage Envy's military discount for all active military personnel.

He will receive a free year membership to Massage Envy which includes a complimentary monthly massage. Cottam said because Massage Envy has a national presence, he has visited clinics from Texas to North Carolina during his different Army assignments. He credits the staff at the Cordelia clinic for making him a satisfied loyal customer. "From the front desk to the manager, there couldn't be a nicer group of people. They do a great job of creating a friendly, relaxed environment," he said.

"We are very pleased to have Andrew as a member at Massage Envy and we thank him for his service to our country," said David Humphrey, CEO of Massage Envy. "He is an example of how regular massage benefits physically active individuals and everyone with a busy and demanding lifestyle. We are also thrilled to have reached the significant milestone of 20 million massages performed in only eight years," said Humphrey. "In today's world, everyone deserves a monthly dose of stress relief. Massage Envy is proud to have provided professional, convenient and affordable therapeutic massages to so many Americans nationwide."

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